

We want all of our customers to feel comfortable requesting allergen & dietary information when dining with us, our restaurant has a copy of the allergen information on hand, JUST ask & we will try to assist!

Your lifestyle choices & dietary requirements are just as important to us as they are to you or someone you care about. Please note; our menu descriptions do not include all ingredients or allergens. Even if you have chosen the item previously, please make sure that you check the allergen information each time you visit; always inform your server of any allergy, intolerance or dietary requirements when ordering

## UPDATED JULY 2024

## **VEGETARIAN & VEGAN**

# PIZZA CHEESE CAN BE ORDERED AS COCUNUT BASED DAIRY FREE AT NO EXTRA CHARGE.

We use seperate cutting wheels for pizza for our guests who are Vegan or eat Halal; in order to eliminate any possible cross contamination

## **CROSS-CONTAMINATION**

As our dishes are handmade in our busy kitchens, unfortunately, we cannot guarantee that they are 100% free of allergens or contaminants. Please inform staff of any allergies so we are EXTRA careful not to cross contaminate against any mentioned allergies

WE WILL ALWAYS; ensure that food is not contaminated with the allergen in question. This means; knives, ladles, bowls, chopping blocks, work surfaces, staff clothing, hands, etc. will be cleaned so that they cannot transfer traces of the allergen to the food.

### GLUTEN-FREE (GF) PIZZA

All pizza toppings are "GF" (Except for MEATBALLS).

WE PURCHASE our BASES DIRECTLY THROUGH A "GF" free bakery.

GF Pizza is served on a MARKED PLATE (OR) IDENTIFIED directly; if this is not done; please check with a member of the team.

#### WHILST WE TAKE GREAT CARE IN PREPARING GF PIZZA- NOTE ALL OUR PIZZA ARE BAKED IN THE SAME OVEN & CROSS CONTAMINATION CAN OCCUR.

This is because traces of the allergen can become suspended in the air and settle on food, clothing, utensils, etc.

1 HOW TO USE THIS GUIDE- Our menu items are listed in rows on the left-hand side, if a menu item contains an allergen in its ingredients, a 'x' is displayed on the menu row in the corresponding column.

2 In accordance with the EU Food Information Regulation, we declare the main allergens on our list.

3 Foods in this restaurant are processed in a kitchen that produces dishes with milk, wheat, soybean, fish, tree nuts, peanuts, eggs, & egg products.

4 We offer a selection of gluten-free dishes as accredited by Coeliac UK. Gluten-free describes foods that contain gluten at a level of no more than 20 parts per million (ppm).

5 Our team cannot recommend or tell you what is suitable for you to eat or drink. 6 Due to the way our food is prepared its not possible to guarantee absence of allergens in our dishes.

## STARTERS & TASTY SIDES

ITEM	PEANUTS	LUPIN	MILK	EGGS	NUTS	SHELLFISH	SOYA	GLUTEN	SESAME SEED	FISH	CELERY	MUSTARD	SULPHUR DIOXIDE
GARLIC PIZZA BREAD (GB)													
GB TOMATO								х					
GB MOZZARELLA			X					X					
GB MOZ& CARAM. ONION			Х					X					
POLPETTE PICCANTI			X	Х				X					
BRUSCHETTA								X BREAD					
ARANCINI BALLS			X	Х				X		x	Х		
MEAT BOARD			X CHEESE					X BREAD				X MUSTARD	
SEAFOOD CATCH			X	Х		X		X		X	Х	X TARTARE	
GAMBAS						Х		X BREAD		Х			
CRESPELLE			х	Х				х					
TRUFFLE FRIES								X		X MAY BE FRIED IN FISH OIL			X
REGULAR FRIES								X		X MAY BE FRIED IN FISH OIL			Х
TOMATO & ONION SALAD													
MIXED SALAD													
ZUCCHINI FRIES			X					X		X MAY BE FRIED IN FISH OIL			

# <mark>SALADS</mark>

ITEM	PEANUTS	LUPIN	MILK	EGGS	NUTS	SHELLFISH	SOYA	GLUTEN	SESAME SEED	FISH	CELERY	MUSTARD	SULPHUR DIOXIDE
CHICKEN CAESAR			X	X & MAYO				X CROUTONS		X ANCHOVY		X DRESSING	
GAMBERONI CAESAR			Х	X & MAYO		Х		X CROUTONS		X ANCHOVY		X DRESSING	

# <mark>MAINS</mark>

ITEM	PEANUTS	LUPIN	MILK	EGGS	NUTS	SHELLFISH	SOYA	GLUTEN	SESAME SEED	FISH	CELERY	MUSTARD	SULPHUR DIOXIDE
POLLLO ALLA MILANESE			X	Х				X					
SCALLOPINE			X GORGONZOLA					X				Х	
BRANZINO										x			
BISTECCA			X BUTTER							X CHIPS MAY BE FRIED IN FISH OIL			

# <mark>PASTA</mark>

ITEM	PEANUTS	LUPIN	MILK	EGGS	NUTS	SHELLFISH	SOYA	GLUTEN	SESAME SEED	FISH	CELERY	MUSTARD	SULPHUR DIOXIDE
Rigatoni Vegetariana								X					
Rigatoni Arrabbiata								X					
Spaghetti Gamberetti						X		X		Х			
Rigatoni alla Carne								X					
Spaghetti Carbonara			х	Х				x					
SPAGHETTI BOLOGNESE			Х					x			X		
Spaghetti Polpette			X MEATBALL	Х				X					
Rigatoni Alfredo			Х	Х				X					
Ravioli e Tartufo			X BUTTER					x					
RISOTTO VERDURE			X BUTTER										
RISOTTO Pescatora			X BUTTER			X				Х			
Lasagna			X BECHAMEL	Х				X			X BOLOGNESE		
VEGETERAN LASAGNE			X BECHAMEL										

# <mark>PIZZA</mark>

ITEM	PEANUTS	LUPIN	MILK	EGGS	NUTS	SHELLFISH	SOYA	GLUTEN	SESAME SEED	FISH	CELERY	MUSTARD	SULPHUR DIOXIDE
MARGHERITA			X CHEESE*					Х					
VEGETERIANA			X CHEESE*					Х					
SEAFOOD			X CHEESE*			Х		Х		Х			
Quattro Stagioni			X CHEESE*	X MEATBAL				X					
CALZONE			X CHEESE*					Х					
RUCOLA E PARMA			X CHEESE*					Х					
4 Cheese			X CHEESE*					Х					
LA MUCCA			X CHEESE*					X					X BRESAOLA
FIRENZE			X CHEESE*	x				x					
NEPTUNE			X CHEESE*					X		х			
HAWAII			X CHEESE*					x					
CARNE MISTA			X CHEESE*	X MEATBALL				Х					
AMERICANO HOT			X CHEESE*					X					
CAMPANA			X CHEESE*					X					
HERITAGE			X CHEESE*					x					
VESUVIO			X CHEESE*					Х			X NDUJA	X NDUJA	X NDUJA

# <mark>DESSERTS</mark>

ITEM	PEANUTS	LUPIN	MILK	EGGS	NUTS	SHELLFISH	SOYA	GLUTEN	SESAME SEED	FISH	CELERY	MUSTARD	SULPHUR DIOXIDE
CRÈME BRÛLÉE			Х	Х				X					
STICKY TOFFEE PUDDING			X	Х				X					
MINI NUTELLA BALLS			Х	X MAY CONTAIN	X HAZELNUT		Х	Х		X- MAY BE FRIED IN FISH OIL			Х
TIRAMISU			Х		- Saviordi - MAY CONTAIN			Х					
SOUFFLE CIOCCOLATO			X				Х	X					
CREPE NUTELLA			X	Х	X HAZELNUT			X					
PLAIN PANCAKE			Х	Х				х					
DAIRY ICE CREAM			X										
SORBET													
KIDS ICE CREAM IN TOY			Х										
BASQUE CHEESECAKE			Х	Х				x					
AFFOGATO			X VANILLA ICE CREAM										