



We want all of our customers to feel comfortable requesting allergen & dietary information when dining with us, our restaurant has a copy of the allergen information on hand, JUST ask & we will try to assist!

<p><b>Your lifestyle choices &amp; dietary requirements are just as important to us as they are to you or someone you care about.</b></p>	<p>Please note; our menu descriptions do not include all ingredients or allergens. Even if you have chosen the item previously, please make sure that you check the allergen information each time you visit; always inform your server of any allergy, intolerance or dietary requirements when ordering</p>
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UPDATED MARCH 2024

<p style="text-align: center;"><b>VEGETARIAN &amp; VEGAN</b></p> <p>PIZZA CHEESE CAN BE ORDERED AS COCONUT BASED DAIRY FREE AT NO EXTRA CHARGE.</p> <p>We use separate cutting wheels for pizza for our guests who are Vegan / eat Halal; in order to eliminate cross contamination</p>	<p style="text-align: center;"><b>GLUTEN-FREE (GF) PIZZA</b></p> <p>All pizza toppings are “GF” (Except for MEATBALLS).</p> <p>WE PURCHASE our BASES DIRECTLY THROUGH A “GF” free bakery.</p> <p>GF Pizza is served on a MARKED PLATE &amp; IDENTIFIED directly; if this is not done; please check with a member of the team.</p> <p>WHILST WE TAKE GREAT CARE IN PREPARING GF PIZZA- NOTE ALL OUR PIZZA ARE BAKED IN THE SAME OVEN &amp; CROSS CONTAMINATION CAN OCCUR.</p> <p>This is because traces of the allergen can become suspended in the air and settle on food, clothing, utensils, etc.</p>
<p style="text-align: center;"><b>CROSS-CONTAMINATION</b></p> <p>As our dishes are handmade in our busy kitchens, unfortunately, we cannot guarantee that they are 100% free of allergens or contaminants. Please inform staff of any allergies so we are EXTRA careful not to cross contaminate against any mentioned allergies</p> <p>WE WILL ALWAYS ; ensure that food is not contaminated with the allergen in question. This means; knives, ladles, bowls, chopping blocks, work surfaces, staff clothing, hands, etc. will be cleaned so that they cannot transfer traces of the allergen to the food.</p>	

1 HOW TO USE THIS GUIDE- Our menu items are listed in rows on the left-hand side, if a menu item contains an allergen in its ingredients, a ‘x’ is displayed on the menu row in the corresponding column.

2 In accordance with the EU Food Information Regulation, we declare the main allergens on our list.

3 Foods in this restaurant are processed in a kitchen that produces dishes with milk, wheat, soybean, fish, tree nuts, peanuts, eggs, & egg products.

4 We offer a selection of gluten-free dishes as accredited by Coeliac UK. Gluten-free describes foods that contain gluten at a level of no more than 20 parts per million (ppm).

5 Our team cannot recommend or tell you what is suitable for you to eat or drink.

6 Due to the way our food is prepared its not possible to guarantee absence of allergens in our dishes.



## STARTERS

ITEM	PEANUTS	LUPIN	MILK	EGGS	NUTS	SHELLFISH	SOYA	GLUTEN	SESAME SEED	FISH	CELERY	MUSTARD	SULPHUR DIOXIDE
<b>GARLIC PIZZA BREAD (GB)</b>													
GB TOMATO								X					
GB MOZZARELLA			X					X					
GB MOZ& CARAM. ONION			X					X					
POLPETTE PICCANTI			X	X				X					
CALAMARI FRITTI			X	X		X		X		X	X	X TARTARE	
GAMBAS						X		X BREAD		X			
CHICKEN WINGS								X					X *BBQ SAUCE *(Sodium Metabisulphite)
BURRATA			X										
BRUSCHETTA								X BREAD					
TRUFFLE FRIES								X		X			X
REGULAR FRIES								X		X			X
ARANCINI BALLS			X	X				X		X	X		





# PIZZA

ITEM	PEANUTS	LUPIN	MILK	EGGS	NUTS	SHELLFISH	SOYA	GLUTEN	SESAME SEED	FISH	CELERY	MUSTARD	SULPHUR DIOXIDE
Margherita			X CHEESE*					X					
Vegetariana			X CHEESE*					X					
Seafood			X CHEESE*			X		X		X			
Quattro Stagioni			X CHEESE*	X MEATBAL				X					
Calzone			X CHEESE*					X					
Ruola e Parma			X CHEESE*					X					
4 Cheese			X CHEESE*					X					
Dolce Vita			X CHEESE*					X					
Vesuvio			X CHEESE*					X			X NDUJA	X NDUJA	X NDUJA
Firenze			X CHEESE*	X				X					
Neptune			X CHEESE*					X		X			
Hawaii			X CHEESE*					X					
Carne Mista			X CHEESE*	X MEATBAL				X					
Americano Hot			X CHEESE*					X					
Campana			X CHEESE*					X					
Heritage			X CHEESE*					X					

## DESSERTS

ITEM	PEANUTS	LUPIN	MILK	EGGS	NUTS	SHELLFISH	SOYA	GLUTEN	SESAME SEED	FISH	CELERY	MUSTARD	SULPHUR DIOXIDE
CRÈME BRÛLÉE			X	X				X					
STICKY TOFFEE PUDDING			X	X				X					
MINI NUTELLA BALLS			X	X	X HAZELNUT		X	X		X- MAYBE FRIED IN FISH OIL			X
TIRAMISU			X		Saviordi fingers may contain traces of nuts*			X					
SOUFFLE CIOCCOLATO			X				X	X					
CREPE NUTELLA			X	X	X HAZELNUT			X					
PLAIN PANCAKE			X	X				X					
DAIRY ICE CREAM			X										
Sorbet													
KIDS ICE CREAM IN TOY			X										
BASQUE CHEESECAKE			X	X				X					